## **ICB®** Definitions

### 1.0 Body Use

- 1.1 Is person placing their body in the line of fire?
- 1.2 Is person looking in the direction of travel?
- 1.3 Is person keeping hands in sight?
- 1.4 Is person keeping body away from moving parts?
- 1.5 Is person ascending/descending correctly?

### 2.0 Body Position

- 2.1 Is person correctly positioned to lift/lower/push/pull?
- 2.2 Is the person twisting?
- 2.3 Is person able to perform task without over-extending?
- 2.4 Is person adhering to ergonomic prompts/cautions?

### 3.0 Tools/Equipment

- 3.1 Tools/equipment appropriate/in good working order?
- 3.2 Barricades/warning signs in place/adhered to?

### 4.0 Procedures

- 4.1 Is the procedure/standard/permit being followed?
- 4.2 Is there a procedure/standard/permit for the task?
- 4.3 Is the procedure/standard/permit suitable for the task?

### 5.0 Work Area

- 5.1 Is surface free of slip/trip hazards?
- 5.2 Is the work area clean/tidy?

### 6.0 Office Ergonomics

- 6.1 Is the person holding the phone or using a headset?
- 6.2 Is the person's neck and back aligned?
- 6.3 Is the person properly supported by the chair?
- 6.4 Is the person's shoulders relaxed with no forward reaching?
- 6.5 Are the wrists straight and forearms parallel to the floor?
- 6.6 Are feet planted firmly on the floor or foot rest?
- 6.7 Are legs parallel to the floor or sloping slightly downwards?
- 6.8 Is the person taking adequate rest breaks?

### 7.0 Environment

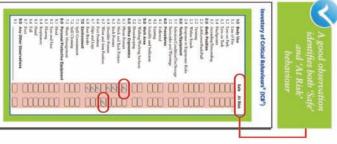
- 7.1 Is the person taking precautions to avoid spills?
- 7.2 Is the person prepared for/using spill clean-up material?
- 7.3 Is the person segregating/managing waste correctly?

### 8.0 Personal Protective Equipment

- 8.1 Is head protection being worn?
- 8.2 Is eye/face protection being worn?
- 8.3 Is ear protection being worn?
- 8.4 Is respiratory protection being worn?
- 8.5 Is hand protection being worn?
- 8.6 Is fall protection equipment being worn?
- 8.7 Is foot protection equipment being worn?

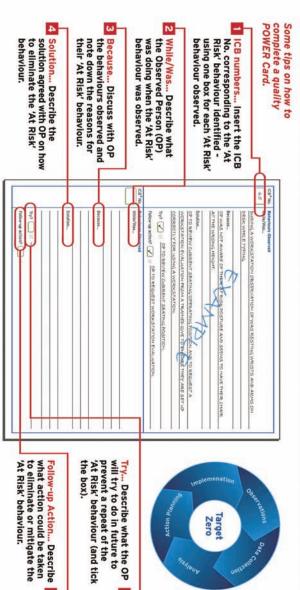
### 9.0 Any Other Observations

9.1 Any other "safe" or "at risk" behaviors not covered?



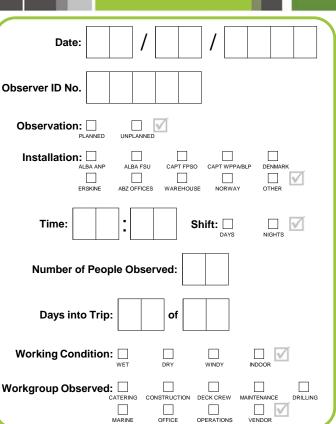
GOOD QUALITY

ACTION PLANS ARE DERIVED FROM GOOD QUALITY OBSERVATIONS AND DATA



# Positive Observations Will Eliminate Risk

Chevron Upstream Europe





Positive Observations Will Eliminate Risk

Your observations *do* make a difference.





# Inventory of Critical Behaviours® (ICB®)

1.0 Redy Hee	Safe	At Risk
1.0 Body Use 1.1 Line of Fire	Sale	At RISK
1.2 Eyes on Path		
1.3 Eyes on Task		
1.4 Pinchpoints		
1.5 Ascending/Descending		
2.0 Body Positioning		
2.1 Lift/Lower/Push/Pull	П	
2.2 Twisting	П	Ē
2.3 Within Reach	П	
2.4 Response to Ergonomic Risks	П	ī
3.0 Tools/Equipment		_
3.1 Selection/Condition/Use/Storage	ие 🗆	
3.2 Barricades and Warnings	,	
4.0 Procedures	_	
4.1 Followed		
4.2 Existing		
4.3 Suitable and Sufficient		
5.0 Work Area		
5.1 Walking/Working Surfaces		
5.2 Housekeeping		
6.0 Office Ergonomics		
6.1 Phone Posture		
6.2 Neck and Back Posture		
6.3 Back Posture		
6.4 Shoulder Posture		
6.5 Wrist and Arm Position		
6.6 Feet Position		
6.7 Hips and Legs		
6.8 Rest Breaks		
7.0 Environment		
7.1 Spill Containment		
7.2 Spill Cleaning		
7.3 Waste Management		
8.0 Personal Protective Equipme		
8.1 Head		
8.2 Eyes and Face		
8.3 Hearing		
8.4 Respiratory		
8.5 Hand		
8.6 Fall		
8.7 Foot		
9.0 Any Other Observations		
9.1	. Ш	

ICB No.	Behaviours Observed
•	While/Was
	Because
	Solution
	Try? 🗆 🗹
Follow-up a	action?
•	While/Was
	Because
	Solution
	Try?
Follow-up a	action?
•	While/Was
	Because
	Solution
	Try? 🗆 🗹
Follow-up a	56574
	If more space is required please use another POWER Observation Card.